



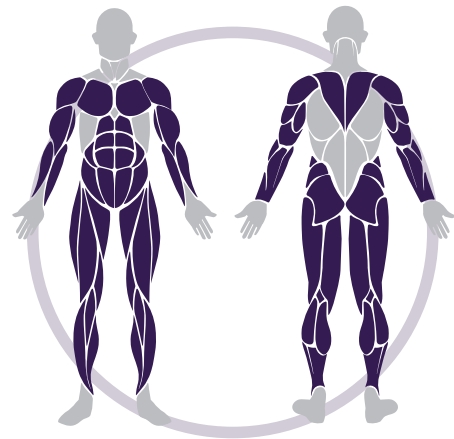
DATA SHEET

CHEST & LEGS

The Chest & Legs machine assists flexion and extension of all four limbs.

The ability to move easily from sitting to standing is important for functional independence and requires strength within the extensor muscles groups. The push down action of the legs will strengthen the thigh and gluteal muscles. The rowing action of the arms will strengthen the arm and shoulder muscles.

Can be used with the alignment aid.



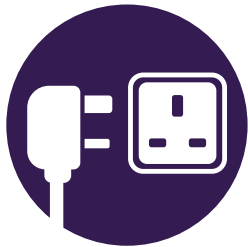
Targeted areas:

Chest, Shoulders, Arms, Legs, Abdominals, Upper Back, Glutes, Hips.

Technical Specifications



7" smart console offering both quick start and programme options



Power assisted (plug and play installation)



Dimensions:

W109cm x D130cm x H127cm



Weight:

103kg



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per machine

Plug Cable Length: 1.5 metre



Panels:

Side Panels: High impact resistant ABS plastic



Upholstery:

Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2

innerva
together in motion

Unit 3 Kiln Hill Industrial Estate,
Kiln Hill, Slaithwaite,
Huddersfield, HD7 5JS

✉ email
info@innerva.com

☎ telephone
01484 667474

🖱 website
www.innerva.com